The Morphometry and Morphology of the Foramen Magnum In Age And Sex Determination Within The South African Black Population Utilizing Computer Tomography (CT) Scans

Morfometría y Morfología del Foramen Magnum en la determinación de edad y Sexo Dentro de la Población Negra Sudafricana Mediante Tomografía Computarizada (TC)

M. Moodley; C. Rennie; L. Lazarus & K. S. Satyapal

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SUMMARY: The morphology and morphometry of the foramen magnum aid forensic studies in identifying unknown individuals according to age and sex. Moreover, these parameters of the foramen magnum have clinical relevance to surgeons in the transcondylar approach. This study aimed to analyze the morphometry and morphology in relation to the age and sex of individuals within the South African Black population, utilizing computerized tomography images. The use of computerized tomography images allowed for accurate morphometric diameters using the SLICER 3-D software version 4.7.0. Radiological images also provide a patient's clinical history. Thus, the process of exclusion in respect to patients with pathological conditions of the skull is achieved. The sample studied included 150 computerized tomography images (93 males and 57 females) arranged according to age cohorts (children aged 1-12 years, adolescents aged 13-17 years and adults aged 18-25 years). The morphometric parameters *viz.* antero-posterior diameter, transverse diameter and area of the foramen magnum was analyzed in relation to age and sex. The morphological variations of the foramen magnum was simultaneously observed between males and females and within the age groups. The objective of this study were to improve data on the morphological and morphometric parameters of the foramen magnum in the South African Black population. This study also attempted to associate the morphological and morphometric parameters of the foramen magnum with age and sex determination.

KEY WORDS: Computer tomography; Morphometry; Morphology; Age, Males Females.

INTRODUCTION

Identification of unknown individuals is fundamental in forensic studies, and is based upon the determination of sex, age, ethnicity and stature of individuals (Vedanayagam & Sathyamurthy, 2015; Raikar *et al.*, 2016). The skull is a suitable skeletal structure used in determining the factors of identification (Pires *et al.*, 2016). Forensic anthropologists study the morphology and morphometry of cranial structures such as the glabella, nasal aperture and even the foramen magnum in terms of sex and age determination (Manoel *et al.*, 2009; Gapert *et al.*, 2009; Pires *et al.*).

The foramen magnum is the most conspicuous structure situated in the of the occipital bone, in the skull (Standring, 2016). It contains vital neurological structures that relay information to and from the brain and spinal cord (Standring).

Standard textbooks describe the foramen magnum as oval shaped (Standring). However, studies show different morphological shapes of the foramen magnum in individuals exist, varying from round to even irregular (Burdan *et al.*, 2012; Shaikh & Kulkarni, 2015). The variation in morphology is said to have a significance to ancestry and different populations (Chethan *et al.*, 2012). Some authors also reported that the morphological variations could be related to the age and sex of an individual (Natsis *et al.*, 2013; Shaikh & Kulkarni).

Cranial morphometry aids human studies that involve age and sex determination (Ganapathy *et al.*, 2014). Recent reports from studies state that the morphometric diameters of the foramen magnum are greater in males than females (Uthman

et al., 2012; Ganapathy et al.; Vedanayagam & Sathyamurthy; Raikar et al.). Shaikh & Kulkarni studied the morphometric parameters in relation to age and reported an increase in diameters with an increase in age. Therefore, knowledge on the dimensions and various shapes of the foramen magnum is important to forensic experts when determining the age and sex of an individual (Shaikh & Kulkarni).

Moreover, the foramen magnum is clinically important because the vital structures that pass through may endure compression in cases such as: foramen magnum herniation; meningiomas and achondroplasia (Shepur *et al.*, 2014). In these circumstances knowledge of the dimensions of the foramen magnum has clinical and radiological relevance, as it helps surgeons in the transcondylar surgical procedure to relieve compression (Murshed *et al.*, 2003).

This study analyzed the parameters of the foramen magnum in the South African Black population, using computerized tomography images. The advantages of using computerized tomography images includes noninvasive methods of accurately observing the shape and size of the foramen magnum (Chandramani *et al.*, 2015). Radiological images also include a patient's clinical history allowing for individuals with trauma to the skull to be excluded from the study (Chandramani *et al.*). This study aims to improve data

on the morphology and morphometry of the foramen magnum in the South African Black population, using computerized tomography images.

MATERIAL AND METHOD

This study was a retrospective review of one hundred and fifty computerized tomography images from the department of Clinical Anatomy in the School of Laboratory medicine and Medical Sciences, University of KwaZulu-Natal. Ethical clearance was obtained from the Biomedical Research Ethics Committee. The sample consisted of males (n=93) and females (n=57), and was divided into three age categories viz: children 1-12 years (n=50), Adolescents 13-17 years (n=50) and Adults 18-25 years (n=50) years. The dicom images of the computerized tomography scans were imported and analyzed using the free Slicer 3-D software version 4.7.0 (www.3Dslicer.org; Accessed-24 June 2017). Inclusion criteria: Computerized tomography images with a 1mm slice thickness, South African Black patients between the ages of one and twenty-five years. Exclusion criteria: Patients with a history of skull trauma, or skull pathologies such as Achondroplasia or Arnold Chiari syndrome, that could compromise the accuracy of the study.

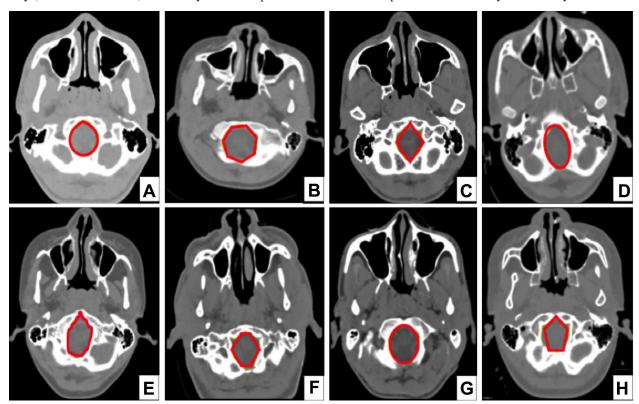


Fig. 1. Morphological variations observed in the South African Black population. Key: A-Egg-shaped; B- Hexagonal; C- Tetragonal; D-Oval; E-Irregular; F- Hexagonal; G- Round and H- Pentagonal.

Morphological and Morphometrical analysis. The axial view of the computerized tomography scans was used in conjunction with the measuring tool on SLICER 3-D to analyze the antero-posterior and transverse diameters (mm) of the foramen magnum. The longest antero-posterior diameters and widest transverse diameters of the foramen magnum was measured on the CT scans (Fig. 1). An average of three trials for each diameter was recorded. The antero-posterior and transverse diameters were used in the Radinsky's formula- 1/4×AP×TD to calculate the area (mm²) of the foramen magnum. A macroscopic system based on the number of sides in the outline of the shape was used to classify the morphology of the foramen magnum.

Statistical analysis. The IBM Statistical Package for the Social Sciences (SPSS) version 24 was used to statistically analyze results on the morphology and morphometry of the foramen magnum in age and sex determination. The Pearson's Chi-square test was adopted to analyze the frequency of the morphological parameters. The ANOVA one -way method was utilized to analyze the significance of the morphometric parameters viz antero-posterior, transverse diameters and area in age, and the independent t-test was used to analyze the significance of the morphometric parameters between males and females. Any p-value less than 0.05 was interpreted as statistically significant, whilst values greater were not statistically significant.

RESULTS

Morphological analysis. The foramen magnum was studied, and eight varying morphological shapes were identified and reported: egg-shape; heptagonal shape; hexagonal shape; irregular; oval shape; pentagonal shape; round shape; and tetragonal shape. The most common shape observed in the South African Black population was the egg-shape (20.67 %).

Descriptive analysis of the eight variable shapes of the foramen magnum observed between males and females is represented in a cross-tabulated frequency table as a count and percentage (Table I). The egg-shaped was observed in 20.67 % subjects (males 12% and females 8.67 %), heptagonal shape in 18.67 % (males 11.33 % and females 7.33 %), hexagonal shape in 16 % subjects (males 9.33 % and females 6.67 %), tetragonal shape in 12 % subjects (males 8.67 % and females 3.33 %), round shape in 9.33 % (males 7.33 % and 2 % females), irregular shape 8.67 % subjects (males 4 % and females 4.67 %) and oval shape in 1.33 % subjects (0.67 % in both males and females). The Pearson chi-square test was used to show the association of the varying morphological types in age and sex. The Chi-square value presented as 0.736, and showed no association between the shape of the foramen magnum and sex.

Table I. Cross-tabulation of morphological variations between males and females.

Shape		Sex	
	Male n (%)	Female n (%)	
Egg-shaped	18 (12%)	13 (8.67%)	31 (20.67%)
Heptagonal	17 (11.33%)	11 (7.33%)	28 (18.67%)
Hexagonal	14 (9.33%)	10 (6.67%)	24 (16%)
Irregular	6 (4%)	7 (4.67%)	13 (8.67%)
Oval	1 (0.67%)	1 (0.67%)	2 (1.33%)
Pentagonal	13 (8.67%)	7 (4.67%)	20 (13.33%)
Round	11 (7.33%)	3 (2%)	14 (0.93%)
Tetragonal	13 (8.67%)	5 (3.33%)	18 (12%)
Total	93 (62%)	57 (38%)	150 (100%)
p value		0.736	

Table II. Cross-tabulation of morphological variations in groups.

Shape	Age groups n (%)				
	1-12 years	13-17 years	18-25 years	Total	
Egg-Shaped	13 (8.67%)	15 (10%)	3 (2%)	31 (20.67%)	
Heptagonal	6 (4%)	12 (8%)	10 (6.67%)	28 (18.67%)	
Hexagonal	6 (4%)	7 (4.67%)	11 (7.33%)	24 (16%)	
Irregular	8 (5.33%)	0 (0%)	5 (3.33%)	13 (8.67%)	
Oval	1 (0.67%)	0 (0%)	1 (0.67%)	2 (1.33%)	
Pentagonal	7 (4.67%)	5 (3.33%)	8 (5.33%)	20 (13.33%)	
Round	2 (1.33%)	7 (4.67%)	5 (3.33%)	14 (9.33%)	
Tetr agonal	7 (4.67%)	4 (2.67%)	7 (4.67%)	18 (12%)	
Total	50 (33.33%)	50 (33.33%)	50 (33.33%)	150 (100%)	
p value	0.015				

These variable shapes of the foramen magnum were simultaneously observed amongst three age categories: children (1-12); adolescents (13-17); and adults (18-25) and reported in (Table II). The egg-shaped foramen magnum was reported in children as 8.67 %, adolescents 10 %, adults 2 %; the heptagonal shape in children 4 %, adolescents 8 %, adults 6.67 %; hexagonal shape in children 4 %, adolescents 4.67 %, adults 7.33 %; irregular shape in children 5.33 %, adolescents 0 %, adults 3.33 %; oval shape in children 0.67 %, adolescents 0 %, adults 0.67 %; pentagonal shape in children 4.67 %, adolescents 3.33 %, adults 5.33 %; round shape in children 1.33 %, adolescents 4.67 %, adults 3.33 %; and the tetragonal shape in children 4.67 %, adolescents 2.64 % and adults 12 %. The most common shape observed in children (egg-shape 8.67 %), adolescents (10 %) and adults (hexagonal 7.33 %). The was an association between age and shape of the foramen magnum (P value-0.015).

Morphometric analysis. The present study recorded the mean antero-posterior and transverse diameters in the South African black population as 35.15±2.74 mm and 28.86±2.35 mm, respectively (Table III). The maximum antero-posterior diameter observed in this population is 41.47 mm whilst the minimum is 26.63 mm. The maximum and minimum transverse diameter in this study was observed as 37.10 mm and 23.75 mm respectively. The mean area in this study was

recorded as 800.63±116.59 mm², whilst the maximum and minimum area of the foramen magnum was 1132.96 mm² and 501.53 mm² respectively.

The morphometric parameters such as antero-posterior, transverse diameters and area was analyzed in relation to the sex of individuals in the studied sample (Table III). The mean transverse diameter and standard deviation of the foramen magnum in males and females is 29.47±2.16 mm and 27.86±2.31 mm respectively. The t-test was used to calculate the significance of the transverse diameter between sexes, and the p-value is <0.001. The mean antero-posterior diameter and standard deviation of the foramen magnum in males and females is 35.66±2.77 mm and 34.32±2.48 mm respectively. The t-test calculated a p-value that is <0.05. The transverse and antero-posterior diameters showed a difference between males and females, that was statistically significant. The area of the foramen magnum was calculated using the Radinsky formula. Statistical analysis revealed that the mean area in males (828.92±113.25 mm²) was statistically greater than in females (754.46±107.69 mm²) (p-value<0.001) (Table III).

The same morphometric parameters of anteroposterior, transverse diameters and area was analyzed in relation to the three age groups investigated in this study

Table III. Morphometric diameters and area in males and females.

	Sex	Sample	Mean (mm) ± SD	Minimum (mm)	Maximum (mm)	p-value
Transverse diameter	Male	93	29.47±2.16	24.70	35.07	P<0.001
	Female	57	27.86±2.31	23.75	37.10	
	Total	150	28.86±2.35	23.75	37.10	
Antero- posterior diameter	Male	93	35.66±2.77	28.43	41.57	0.03
	Female	57	34.32±2.48	26.63	38.87	
	Total	150	35.15±2.74	26.63	41.47	
Area (mm_)	Male	93	828.92±113.25	551.81	1099.54	P<0.001
	Female	57	754.46±107.69	501.53	1132.96	
	Total	150	800.63±116.59	501.53	1132.96	

Table IV. The morphometric diameters and area in age groups.

	Ages (years)	Sample	Mean (mm) ± SD	Minimum (mm)	Maximum (mm)	p-value
Transvers e diameter	Children (1-12)	50	27.714±1.86	23.75	31.00	P<0.001
	Adolescents (13-17)	50	28.60±1.85	25.33	32.83	
	Adults (18-25)	50	30.27±2.55	25.33	37.10	
Antero-	Children (1-12)	50	33.13±2.83	26.63	37.23	P<0.001
posterior	Adolescents (13-17)	50	35.23±1.66	31.57	39.83	
diameter	Adults (18-25)	50	37.09 ± 2.00	33.00	41.57	
Area (mm_)	Children (1-12)	50	724.23±99.16	501.53	906.90	P<0.001
	Adolescents (13-17)	50	792.98±79.01	649.00	1003.55	
	Adults (18-25)	50	884.66±109.72	666.36	1132.96	

using the one-way ANOVA test (Table IV). The mean transverse diameter and standard deviation was recorded in children, adolescents and adults as 27.714±1.86 mm, 28.60±1.85 mm and 30.27±2.55 mm, respectively (P<0.001). The mean antero-posterior diameter and standard deviation was recorded in children, adolescents and adults as 33.13±2.83 mm, 35.23±1.66 mm and 37.09±2.00, respectively (P<0.001). The area in children, adolescents and adults was documented as 724.23±99.16 mm², 792.98±79.01 mm² and 884.66±109.72 mm² respectively (P<0.001) (Table IV).

DISCUSSION

Morphological analysis. Many researchers observed varying shapes of the foramen magnum (Zaidi & Dayal, 1988; Loyal et al., 2013; Ganapathy et al.; Cirpan et al., 2016). The present study macroscopically observed eight varying shapes of the foramen magnum in the South African Black population. These shapes are reported as egg-shape, oval, round, irregular, tetragonal, pentagonal, hexagonal and heptagonal.

Recent studies reported that the morphological variations of the foramen magnum are indicative of ancestral variability (Sharma *et al.*, 2015). However, standard textbooks describe the foramen magnum as oval in shape (Chaurasia, 2004). Zaidi & Dayal reported that oval shape in 64 % of the Turkish population. A few recent studies also reported that the oval shape was most common in different populations (Ganapathy *et al.*; Cirpan *et al.*). However, Fathima and Babu (2016) reported the egg-shape (36 %) was most common in the Indian population. Similarly, the present study reports the egg-shape (20.67 %) foramen magnum as most common. The present study also observed a heptagonal shape that was only observed in studies by Aragão *et al.* (2014) in Brazil and Shaikh & Kulkarni in India.

Researchers have also investigated the morphological variations of the foramen magnum in age and sex determination (Shaikh & Kulkarni). The present study shows that there is no statistical difference in the morphology between sexes (p>0.05). The egg-shape was most frequently observed in both males (12 %) and females (8.67 %). Similar observations were reported by Burdan *et al.* in Poland as the wide-oval shape was most common in both males and females. Many other studies reported no difference in variations of shape in the sex of an individual. However, Natsis *et al.* documented a statistical difference between males and females. Natsis *et al.* observed the egg-shape as most common in males (23.4 %) whilst the two-semicircle shape was most common in females (33.3 %).

Shaikh & Kulkarni investigated the varying shapes of the foramen magnum between ages and observed morphological differences in fetuses, adolescents and adults. The present study did not observe any differences between children (8.67 %) and adolescents (10 %), as the egg-shape occurred frequently in both age groups. However, in the adult age group the most common shape was the hexagonal shape (7.33 %). Whilst, the egg-shape was present in only 2 % of adults. The Pearson chi-square test presented a statistical difference between morphology and the age of an individual (p<0.05).

The present findings state that the morphological parameters are important in age determination but not in sex determination.

Morphometric analysis. Many studies analyzed the antero-posterior, transverse diameters and area of the foramen magnum (Uysal *et al.*, 2005; Shepur *et al.*; Ganapathy *et al.*; Sharma *et al.*). These parameters are important for forensic investigations and anthropological examinations of unknown individuals (Manoel *et al.*; Uthman *et al.*).

A morphometric analysis of the antero-posterior and transverse diameters in the present study revealed overall maximum and minimum values of (41.47 mm, 26.63 mm) and (37.1 mm, 23.75 mm), respectively. The overall mean antero-posterior diameter (35.15±2.74 mm) was found to be greater than the mean transverse diameter in this study (28.86±2.35 mm). Similar findings were reported in a series of other studies (Gruber *et al.*, 2009; Natsis *et al.*; Loyal *et al.*; Patel & Mehta, 2014; Ganapathy *et al.*). However, Vedanayagam & Sathyamurthy in India observed a greater overall transverse diameter.

The foramen magnum is a prominent structure in the base of the skull, and it shows morphometric differences between males and females (Raikar et al.). Burdan et al. in Poland reported a statistical difference in the morphometric diameters between males and females from computerized tomography images. The antero-posterior and transverse diameters in males and females was (37.06±3.07 mm, 32.98±2.78 mm) and (35.47±2.60 mm, 30.95±2.71 mm), respectively (Burdan et al.). The present study revealed that the mean antero-posterior diameter in males (35.66±2.77 mm) was greater than females (34.32±2.48 mm). The transverse diameter in males $(29.47\pm2.16 \text{ mm})$ is also greater than females (27.86 ± 2.31) mm). Many authors reported sex dimorphism in both morphometric diameters of the foramen magnum, with the greater diameters present in males (Uthman et al.; Natsis et al.; Ganapathy et al.).

In this study, statistical significance in sex was found in both the antero-posterior diameter (p<0.05) and the transverse diameter(p<0.001). However, other studies reported that only the transverse diameter showed statistical significance between males and females (Vedanayagam & Sathyamurthy; Manoel $et\ al.$). In another study, Loyal $et\ al.$ observed that the antero-posterior and transverse diameters in males (4±0.65 cm, 3.8±0.7 cm) were greater than females (3.4±0.65 cm, 2.8±0.7 cm), respectively. However, no statistical significance was found between males and females (Loyal $et\ al.$).

The current research also studied the area of the foramen magnum in relation to sex and age. The overall mean area of this study was 800.63±116.59 mm². In males the mean area was greater (828.92±113.25 mm²) than in females (754.46±107.69 mm²). Günay & Altinkök (2000) in Turkey also reported a greater mean area in males (909.91±126.02 mm²) than females (819.01±117.24 mm²). More recent studies reported findings that agreed with Günay & Altinkök (Murshed *et al.*; Uthman *et al.*; Burdan *et al.*; Shepur *et al.*; Pires *et al.*).

Chandramani et al. conducted a study on the morphometric diameters of the foramen magnum in relation to age of Indian subjects (8-79 years) and reported no significant difference in age. However, another study in India found a statistical difference in the diameters in relation to age (Shaikh & Kulkarni). The current study observed f indings similar to Shaikh & Kulkarni, as the diameters statistically increased from children (aged 1-12 years) to adolescents (aged 13-17 years) and through to adults (aged 18-25 years) (p<0.001). The present study reports the mean antero-posterior diameter in these age groups viz children (33.13±2.83 mm), adolescents (35.23±1.66 mm) and in adults (37.09±2.00 mm). The maximum antero-posterior diameter occurred in the adult age group, whilst the minimum occurred in the youngest age group i.e. children. The mean transverse diameters presented in children (27.714±1.86 mm), adolescents (28.60±1.85 mm) and in adults (30.27±2.55 mm). The maximum and minimum transverse diameter occurred in adults and children respectively.

Previous research did not study the area of the foramen magnum in relation to age. This study investigated the area of the foramen magnum within children (724.23 \pm 99.16 mm²), adolescents (792.98 \pm 79.01 mm²) and adults (884.66 \pm 109.72 mm²). The morphometric area was found to be statistically significant within these age groups (p<0.001).

The results of this study reveal that morphometric diameters and dimensions is important in sex and age determination.

CONCLUSION

The morphometric diameters and area of the foramen magnum showed significant differences in the age and sex of an individual. However, in this study the morphology of the foramen magnum only presented significant differences in age and not in the sex of an individual in this population group.

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RESUMEN: La morfología y morfometría del foramen magnum ayuda a los estudios forenses en la identificación de individuos desconocidos según la edad y el sexo. Además, parámetros del foramen magnum tienen relevancia clínica para los cirujanos en el abordaje transcondilar. Este estudio tuvo como objetivo analizar la morfometría y la morfología del foramen magnum, en relación con la edad y el sexo, dentro de la población negra sudafricana, utilizando imágenes de tomografía computarizada. El uso de imágenes de tomografía computarizada permitió definir diámetros morfométricos precisos utilizando el software SLICER 3-D versión 4.7.0. Las imágenes radiológicas también proporcionan antecedentes de la historia clínica de un paciente. De este modo, se logra el proceso de exclusión con respecto a los pacientes con afecciones patológicas del cráneo. La muestra estudiada incluyó 150 imágenes de tomografía computarizada (93 hombres y 57 mujeres) organizadas según cohortes de edad (niños de 1 a 12 años, adolescentes de 13 a 17 años y adultos de 18 a 25 años). Los parámetros morfométricos que se consideraron fueron: diámetro antero-posterior, diámetro transversal y área del foramen magnum. Las variaciones morfológicas del foramen magnum se observaron simultáneamente entre hombres y mujeres y dentro de los grupos de edad. El objetivo de este estudio fue mejorar los datos sobre los parámetros morfológicos y morfométricos del foramen magnum en la población negra sudafricana. Este estudio también intentó asociar los parámetros morfológicos y morfométricos del foramen magnum con la determinación de la edad y el sexo.

PALABRAS CLAVE: Tomografía computarizada; Morfometría; Morfología; Edad; Sexo.

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Corresponding author:

Dr. C. Rennie
Department of Clinical Anatomy
Nelson R Mandela School of Medicine
School of Laboratory Medicine and Medical Science
College of Health Sciences
University of KwaZulu-Natal
Private Bag 7
Congella
4013

Email: rennie@ukzn.ac.za

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